

Camp Information

Regular Camp Time 9:00am-4:30pm*
Pre Care 7:30am-9:00am**
Post Care 4:30pm-5:30pm**

* Supervision is only available during these times
** Pre and Post Care are REGISTERED programs that provide extended supervision outside regular camp hours. Pre and Post Care is only available to children who've registered for YMCA Summer Programs.

The cost is \$27/week for Pre Care and \$27/week for Post Care. Pre and Post Care are two different week long programs that need to be registered for separately. There is a spot on the application form to register for Pre and Post Care for the appropriate week.

Outdoors & Out-trips Everyday

During the week of day camp various out trips will be taking place. Each camper should bring weather appropriate clothing such as hats, shoes, shorts or pants, bug spray and SUNBLOCK (minimum SPF 15). There will be no flip flop sandals allowed during day camp hours. If parents want information about specific out trips, please see the weekly day camp plans located at the check in table.

Lunch, Snacks, Sacks

Camper's need a nutritious cold bagged lunch (not hot lunches), two snacks and plenty of cool drinks each day (water bottle). Please note that both YMCA locations are nut free facilities and we ask that no nuts of any kind are sent in your child's lunches. For more information please see the Parent Package

Please Label Belongings

Camper's belongings should be clearly labeled. The YMCA of Regina will not be responsible for lost or stolen articles.

Cancellation Policy

Cancellations received 7 days prior to the first day of camp will be given a full refund, excluding \$10 processing fee.

No Refunds are issued after cancellation deadline.

About Us

Mission

The YMCA of Regina is a charitable association open to all, dedicated to developing leadership and to enriching our community and people at every stage of life.

Values

The YMCA of Regina is dedicated to actively demonstrating the core values of Respect, Honesty, Caring, Responsibility and Inclusiveness in all aspects of our organization.

Staff/Volunteer Information

YMCA Summer Programs are planned and supervised by full-time YMCA staff. Staff are selected for their maturity, experience and skills with children. Our staff have First-Aid and CPR certification and receive a comprehensive multi-day training session about YMCA leadership, safety and emergency procedures. Volunteers are selected based on their commitment and experience to YMCA.

Financial Aid

The YMCA of Regina believes in equal opportunity for all members of the community - regardless of age, race, religion, ability or economic circumstance. Financial assistance is available through the YMCA Strong Kids Fund for a camp experience for families whose budget cannot reasonably accommodate the camp fees. We would like as many people as possible to benefit from a YMCA Summer experience. Please contact the YMCA for more information at 757-9622



YMCA of Regina

Building healthy communities



Downtown
2400 13th Ave
Regina, SK
S4P 0V9
306-757-9622

Northwest
5939 Rochdale
Blvd.
Regina, SK
S4X 2P9
306-757-9622

**YMCA Summer
Programs**

Summer Programs

Inclusive Youth Leadership Summer Program The Inclusive Leadership Summer program is designed for youth ages 12-17 to participate in a wide range of unique activities that provide participants with a sense of responsibility and well being.

- Work on your leadership, interpersonal and communication skills
- Connect to the community through volunteerism and 'giving back'
- Learn key concepts of healthy lifestyles (physical health, nutrition, etc.)
- Gain self-confidence, challenge personal limits
- Develop friendships and relationships

This program is open to participants with and without disabilities. Higher ratios are used to accommodate participants with higher needs.*** Individuals with special needs and ARC participants are expected to schedule an 'Intake Interview' with our Camp Director.

***1:1 Ratios are available if a Care Assistant is provided for the child. For other 1:1 summer program opportunities, consult ARC's website at <http://www.autismresourcecentre.com/services/summer-programs/>

Inclusive Summer Programs

The YMCA of Regina and Autism Resource Centre (ARC) have teamed up once again to provide you with inclusive summer programming. This partnership allows both organizations to bring their strengths and expertise together in order to deliver a high quality, inclusive program in which participants gain new skills, challenge personal limits and have fun.

YMCA Summer Programs have a structure and routine of active living and recreation. Participants will enjoy outdoor activities, sports and drama activities, swimming, outings into the community, crafts, science experiments and more. **Space is limited in all Summer Programs- so register today!*****

**Only 15 Camper Spots are reserved per week for ARC members, and you are only able to register for two weeks of program. ARC participants who are 6 years old should attend the Summer Autism Camp through Ehrlo Sport Venture.

Mighty Munchkins

This half-day camp is perfect for your preschooler. This is a great way to get your child ready for play school or Kindergarten. Creative games, songs, crafts, recreational swimming, out trips, music and theme based activities will fill their half day. Campers need to pack a nutritious snack to camp.



YMCA Summer Programs

Date	Program Offered	Ages
July 7 - July 11	Mighty Munchkins	3-5
	Inclusive Summer Program	6-12
July 14- July 18	Mighty Munchkins	3-5
	Inclusive Summer Program	6-12
July 21 - July 25	Mighty Munchkins	3-5
	Inclusive Summer Program	6-12
July 28 - Aug 1	Mighty Munchkins	3-5
	Inclusive Leadership Summer Program	12-18
Aug 5 - Aug 8	Inclusive Summer Program	6-11
	Inclusive Leadership Summer Program	12-18
Aug 11 - Aug 15	Inclusive Summer Program	6-12
Aug 18 - Aug 22	Inclusive Summer Program	6-12
August 25, 26, 27, 28, 29	Individual School's Out Daycamp	6-12

Summer Program Pricing

General Member \$180/ \$144*
Public \$200/\$160*

ARC & Special Needs

ARC/SN Member \$305/\$245*
ARC/SN Public \$355/\$285*

All Mighty Munchkins Pricing

Member \$76
Public \$88

*Please note: Pro-rated pricing is for Aug 5-8, as it is a 4 day program.

Registration Checklist

- Registration is due Friday @ 4:30 **PRIOR** to the week attending. **Space is limited - register early.**
- Payment **MUST** be made at time of registration.
- Please ensure all forms are correct and filled out in full (front and back).
- There will be no daily drop-ins. You need to be preregistered.
- Registration forms can be found on our website or at either YMCA of Regina front desk.
- Once you have registered, please visit the YMCA of Regina website for a copy of the Parent Information Package. This package outlines what campers should wear to camp, what to bring and other important information.