

March 2014

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3663 Sherwood Drive
Regina, SK S4R 4A7
P 306.569.0858 F 306.569.0889
E arcentre@sasktel.net
W autismresourcecentre.com



Justin Duong (center), employee at Boston Pizza South, with co-workers!

Supported Employment Program

Thanks to a second 1 year grant received from the Supported Employment Transition Initiative (SETI). ARC has been successful in developing a Supported Employment Program for individuals with ASD.

This program assists adults with ASD specific barriers that require individualized support prepare for, obtain and maintain paid employment.

See page 9 for more information about this program and Justin's success!

Look Inside Autism

Paul Ostlund

MLA Reception November 18, 2013

I am often asked what it's like to have autism. Unfortunately, I can't say what it's like as I've never, not had autism. Having said that, I obviously have noticed differences between those with ASD and those who are typical.

People with ASD tend to think in a very logical and precise way, far more so than a typical person would. This can be a very advantageous trait. An example is my aptitude for science. As Theresa mentioned, I'm currently working on a physics degree as well as a math degree, and I'm able to do very well in these subjects. My success in these fields is, of course, intimately linked with the way in which I think.

However, this manner of thinking also has its fair share of disadvantages, namely with respect to coping with the random variables in life.

As an example, I have a story from my childhood. Back in elementary school, when we entered the building during winter, we had to remove our boots and place them on the boot rack. One day, as I later learned, the custodian moved my boots to the next rack over in order to clean the rack. When it was time to go home, I saw that my boots weren't where they were supposed to be. Instead of looking around for them, I didn't know what to do. So I walked home in my socks. Luckily I only lived across the street.

Another example is the way people with ASD use language. We tend to be very precise and literal. Consider, if you will, the phrase "How's it going?". A typical person would likely be quick to respond with something like "Oh, not too bad, yourself?". But if we look at the phrase from a very literal point of view, we see that such a response is actually nonsensical. A person with ASD may respond to "How's it going?" with "How's what going where?". As you can surely imagine, this would cause major communication problems between typical people, and those with ASD. Which brings me to, at least I consider to be, the primary disadvantage of ASD, Social interaction.

When one thinks in a markedly different way from most, it clearly can lead to difficulties in making and maintaining friendships, and fitting in. It's a common misconception that people with ASD don't want social interaction. While it may be true for some, in general, people with ASD have just as much drive for social interaction as typical people do. But after many, sometimes humiliating, failed attempts at social interaction, they come to dislike the very notion of socialization. Which brings me to the Autism Resource Centre.

Among the many things the Autism Resource Centre does is help teach people with ASD to enjoy social interaction again. They provide an environment where people with ASD can interact without facing social criticism against their differences. Thereby, allowing them to unlearn their disdain towards social interaction. Which, in turn, would allow them to learn the social morays that enable them to fit in.

I was recently hired by the Autism Resource Centre as a cooking coach. For years, I've always feared getting a job. The mere thought of it caused me a great deal of stress as there are so many unknowns involved. But having had the opportunity to work in an environment with people who understand and appreciate my differences, and help me to overcome my disadvantages, my fears of joining the workforce are over.

Sometimes I almost feel guilty about being paid, as the experience of having the job is so beneficial to me. Of course, I'm not so odd as to complain about getting a paycheck. Although the pay and the skills the job provides are great, my favourite part of my job is that I get to help another individual with ASD. Knowing firsthand how difficult some of the simple aspects of life can be for those with ASD, and how incredibly beneficial the programs they offers are, working for the Autism Resource Centre fills me with nothing short of pride. There is little in life as rewarding as giving back to those who have helped you.

On November 18, 2013, ARC hosted a reception for the Members of the Legislative Assembly. The reception was attended by over 20 MLAs from across the province. Also in attendance were representatives from two of ARC's Employment Partners, Bayer CropScience and Print It Centre, ARC staff and the Board of Directors.



Paul addresses an attentive audience.



Among those who presented at the reception were Paul Ostlund and Bret Bennett, two adults with ASD who have participated in ARC programs.

Paul asked those present to take a "Look Inside Autism" as he shared his personal experience with ASD. See the proceeding page for Paul's presentation.

Bret, a graduate of the Practical Assessment Exploration System (PAES[®]) Assessment Program, demonstrated the step by step process of PAES[®]. He drew attention to marketable skills gained and the reinforcement of proper work place behaviours as important components of this program. See page 8 for more details on the PAES[®] Program.



Bret demonstrates a pipe fitting task from the Production Area.



MLAs and other guests visit after formal program

Update:

Paul Ostland

Dianna Empringham from Bayer CropScience, who was in attendance at the MLA Reception, contacted ARC to offer Paul a summer position as a Research Assistant.

Bret Bennett

The Office of the Lieutenant Governor of Saskatchewan contacted ARC to offer Bret a contract position after seeing Bret present on PAES[®].

Congratulations and thank you Paul and Bret!

...finding colour in the spectrum

EXECUTIVE DIRECTOR

It is great to feel the warmth of the sun again as spring finally arrives on the prairies.

After 23 years of being the Executive Director of ARC, I am retiring on March 31, 2014. As I prepare to leave, I am sad and happy: sad to say good-bye to the wonderful people I have come to know over the years, which includes so many individuals with Autism Spectrum Disorders and their families. It has been very rewarding to get to know individuals with ASD, see them grow up, and find their place in the community. I will miss the way people on the spectrum have always surprised and challenged me. I am happy that Keely Wight will be the new Executive Director of ARC. I met Keely 20 years ago when she was an undergraduate student at the U of R. Keely worked part-time for ARC in the ARC Summer Program and with young students with ASD. As a university student, Keely was a fantastic part-time staff. She absolutely loved working with students with ASD. She was reliable and accurate in her observations and always took care to follow individualized programs. When Keely graduated from the U of R, she went to work in Toronto at the Geneva Centre and to obtain her Masters Degree in Sociology. Keely brings experience, advanced education in ASD, and an understanding of ARC to her position as Executive Director. Keely joined the ARC staff on Feb. 18, 2014. It has been a great experience to introduce Keely to the ARC Adult Programs and Services. So, I leave ARC knowing that ARC, students with ASD, families of students with ASD, and ARC staff are in very capable hands.

I am also grateful to the support and positive profile Premier Brad Wall, Minister of Health, Honorable Dustin Duncan, and Minister of Social Services, Honorable June Draude have given ARC's Adult Programs and Summer Programs. The Premier, Minister Duncan, and Minister Draude have made it their priority to work towards Saskatchewan becoming the best place for people with disabilities to live. I know that many of you are struggling to care for your son or daughter with ASD, so you don't see or feel that your lives or your loved one's life is improving. Here are some of the facts that are on the foundation to improve life for people with disabilities. In the fall of 2012, the Premier wrote a generic letter to employers encouraging them to hire individuals with ASD. We have often used this letter with employers who were reluctant to hire individuals with ASD. Then in the winter of 2013, the Premier's office hired an individual with ASD. Provincially, the total amount of dollars allocated to children and youth with ASD from, Ministry of Health is: \$7.55 Million. Minister Duncan has advocated for and supported the ARC Summer Program for the last 2 years by providing addition funding. In 2013 we were honored to have Minister Duncan personally visit all three of ARC Summer Programs. Minister Draude has continued to work on improving lives for people with disabilities through the Saskatchewan Assured Income for Disability (SAID). In the fall of 2013, Ministry of Social Services under Minister Draude's direction took the lead to develop a Provincial Disability Strategy.

This Strategy will look at provincial issues for people with disabilities. The priority areas are accessibility, affordability, and availability of: housing, transportation, employment education, support for community inclusion, and support for caregivers. The strategy is intended to guide government decisions on issues affecting the disability community in Saskatchewan. There will be consultation sessions with the disability community later this spring. You will be encouraged to attend these sessions to give your point of view. The goal is to have the Disability Strategy Plan completed by the fall of 2014. Whatever priorities the Provincial Strategy defines; there will be a requirement for significant new funding in order to actualize the goal to make Saskatchewan the best place in Canada for people with disabilities to live.

I am very grateful to the remarkable staff I have had the honour and privilege to work with over the years. It was a steep learning curve when ARC's mandate changed to providing adult services. However, ARC eagerly learned how to implement the PAES® Assessment Program, developed the Cooking and the Social Drop In Programs. In March 2013 & 2014, we received a grant from the Supported Employment Transition Initiative (SETI) to develop a Supported Employment Program. Then in January 2014, we received a grant from Autism Speaks for the Life Skills Apartment Program.

ARC staff continues to receive high praise from families for their work in the summer program. Without great staff ARC would be nothing.

I want to also thank the great team of people we have on the ARC Board of Directors. The ARC Board members volunteer their time and talent for both ARC committee work and ARC monthly board meetings. I am very appreciative of the Board's stellar commitment to ARC. They have worked hard to in order to ensure that ARC maintains our financial responsibilities and that ARC provide relevant programming for individuals with ASD.

The future is bright for ARC. I have high hopes for the continued development of adult programs, and continued successes with ARC summer programs.

Sincerely,

Theresa Savaria



*The foundation of any great organization is rooted in service.
It is the nurturing force, which fuels all growth.
Inch by inch, we lay stones of our foundation together.
Action by action we build our reputation,
each person adding their strengths to our success.*

*Thank you, Theresa, for sharing your strengths for so many years.
You've led the way to ARC's success.*

WHAT'S NEW...



Executive Director, Theresa Savaria is retiring on March 31, 2014.

Keely Wight was introduced as Theresa's successor at the ARC Membership Meeting on January 26th, 2014

Keely began her career of service to individuals with ASD 20 years ago as a Family Support Worker for ARC.

Keely has been working along side Theresa for the past month in order to ensure a smooth transition.

Come and Celebrate!

It's hard to imagine, it's hard to believe,
Theresa is retiring and ready to leave.

**She shared and she dared
with care and great flare.**

**With tears and good cheers,
we celebrate her years.**

**So don't let her go
without letting her know,
what she's meant to you
all of these years!**

Join us for a Come and Go Celebration
in honour of Theresa Savaria
Wednesday, March 26th, 2014
2:00 pm - 5:00 pm
Formal presentation 4:00 pm
RSVP by email to arcentre@sasktel.net

**AUTISM
RESOURCE
CENTRE**

3663 Sherwood Drive
Regina, SK S4R 4A7
Ph 306.569.0858

Welcome Home!

Keely Wight, B.A. Hons, M.A. - Executive Director

Keely began her career in the field of autism 20 years ago with the Autism Resource Centre (ARC) as a Family Support Worker. She went on to complete a Master of Arts Degree at the University of Toronto and shortly after, joined the Geneva Centre for Autism in Toronto as an early intervention therapist and a parent coach.

Following the Geneva Centre, Keely was an autism consultant for Ontario's largest school board and at this time, she was also an Instructor at Seneca College in the Autism and Behavioral Sciences Graduate Certificate program.

Keely then joined Ontario's Ministry of Children and Youth Services as a Senior Program Analyst working in the autism portfolio on province-wide programs such as the Autism Intervention Program, ASD Summer Camps, ASD Respite Program, and the School Support Program. In 2012, she earned a Deputy Minister's Pinnacle Award for outstanding achievements in partnership as a leader in a new Applied Behavior Analysis (ABA) initiative.

Last year, Keely moved back to her hometown of Regina and spent some time working with the Saskatchewan Ministry of Health before coming back to the very special place that began her passion in the field, ARC.



Welcome to the team!



Stacey Gattinger, B.A.

I am the newest Developmental Consultant at the Autism Resource Centre. I started in late November, and have been busy working in our PAES[®] program, Cooking Program, and planning for the Therapeutic Summer Program over the past few months. I have a B.A. in Sociology from the University of Regina, and a Recreation and Leisure Services Diploma from Algonquin College in Ottawa, Ontario. I started my career in Ottawa, working as the Special Needs Coordinator at Dovercourt Recreation Centre. When I left Dovercourt, I moved back to Regina and took a position with the Ranch Ehrlo Society working as a Job Coach and Vocational Resource Trainer in a community vocational education program for teenagers and adults with developmental disabilities. I am looking forward to continuing my career at the Autism Resource Centre and working with such a great team of people dedicated to enriching the lives of those in our community.

Jenelle MacDonald, B.A.

My name is Jenelle MacDonald and I am the new Apartment Program Coordinator here at the Autism Resource Centre. I have a Bachelor's Degree in Psychology and Linguistics and am working on a Graduate Certificate in Autism and Behavioural Sciences. This program trains me as an Instructor Therapist in ABA therapy techniques and IBI program design and implementation. I have worked at ARC in the Summer Program 13+ camp for the last 2 years and have been working with adults and children of all abilities for the past 5 years through different organizations such as Sask Abilities Council, Camp Easter Seal, Best Buddies – U of R Chapter, Ongata Rongai Special Care Home - Kenya, and others! I am also a dance instructor at FadaDance and an Autism Interventionist at Child and Youth Services as well as contracted privately for autism intervention services. I have been hard at work developing the Apartment Program that we are so fortunate to have because of the Autism Speaks grant! The winter session has begun and I am very excited to see how the program progresses!



Farewell!



Karli Masker, B.Ed.

In early January 2014, Karli headed to the United States to further her studies. Karli is enrolled at Arizona State and takes her courses via online. She is taking her masters in Special Education specializing in Applied Behavior Analysis. The program prepares her for the required course work for the Board Certified Behavior Analyst exam. Upon completing her masters, her goal is to become a certified BCBA (Board Certified Behavior Analyst). Karli says Memphis has been great so far. She is working in a preschool that specifically works with individuals with behavioural challenges and ASD. She is also doing some in-home ABA therapy. We wish her success in her chosen path!

ADULT SERVICES

Practical Assessment Exploration System (PAES®) Assessment Program

ARC chose this program as it is curriculum based and stresses hands-on vocational tasks. PAES® also provided an assessment tool that allows clients to recognize their level of skills and interests. Tasks completed in PAES® are replications of real-world job tasks. Clients explore and complete tasks in five different areas. The assessment aspect of the tool allows supervisors to evaluate on the following areas: number of attempts to complete the task correctly, correctness of task, client's interest and level of assistance needed. Clients attend for 11-week sessions. The current session began in January 2014.



PAES® Business/Marketing task AB1



Paul Lundlie, the first client ARC transitioned to employment, uses an alphabetical/numerical sorter at Great West Life Assurance, where he has been employed for many years!

PAES® criteria for acceptance:

- *Desire to work*
- *Knowledge of their ASD diagnosis*
- *Commitment to attend ARC designated sessions*
- *Signed consent or parent/guardian approval*
- *Ability to communicate verbally or using an augmentative communication tool*



PAES® task used in today's workplace

Business/Marketing

Computer Technology

Construction/Industrial

Processing/Production

Consumer/Services

A Peek Inside:

This session 8 additional clients are participating in the PAES® Assessment Program. Our partnership with the Regina Public and Regina Catholic School Divisions has been successful as students with ASD from Winston Knoll, Dr. Martin Leboldus, and Michael A. Riffel have participated in the PAES® Assessment Program as an addition to their Work Experience Program. Three clients from our last PAES® Assessment Program were transitioned ARC's Supported Employment Program.



PAES® Business/Marketing task TK 1-6

Supported Employment Program

The goal of this program is to assist adults with ASD prepare for, find, obtain and maintain paid employment. Clients in this program have autism specific barriers that require individualized support.

Phase 1 – Preparation

In preparation for employment, clients complete a PAES[®] assessment to identify areas of interest and skill set. Work behaviours are also assessed in this phase and an employment plan is produced.

Phase 2 – Finding Employment

Clients participate in the job search process. Community cruises, volunteer work, or work experience opportunities can be set up to assist individuals to narrow down what jobs and environments they would like to work in.

Phase 3 – Obtaining Employment

Clients are matched with an employer that has expressed interest in hiring individuals with ASD and has positions available within their organization. Job matching is based on the outcome of the PAES[®] assessment.

Phase 4 – Maintaining Employment

The Employment Coordinator accompanies the individual at work and helps develop relationships with the employer and co-workers as well as proper work behaviours and routines. Once the individual is comfortable and successful the Employment Coordinator will fade back but continue to provide ongoing support to both the client and employer.

This program began in April 2013, and is the next step after the PAES[®] Assessment Program. It is a great addition to our services and is necessary to building success.

A Peek Inside:

Justin Duong is currently employed at Boston Pizza South as a prep cook. He portions meats, pasta, fries, etc. and is learning to cook multiple items on the menu, focusing on pizza. After completing PAES[®] and showing interest in the consumer service area and excelling in the ARC Cooking Program, it is the perfect environment for Justin to thrive in.

*This program is available thanks to a second 1 year grant received from the **Supported Employment Transition Initiative (SETI)**.*

*As part of this **SETI** funded project **Jamie Suderman**, ARC's Employment Coordinator, receives training and ongoing support that focuses on supported employment and making it work within the community.*



*...finding colour in the **spectrum***

ADULT SERVICES

Cooking Program

The goal of this program is to increase independence therefore various areas are targeted.

Clients will:

1. Learn to follow recipes, measure ingredients, shop for groceries, complete vocational tasks involved in kitchen clean up;
2. Learn concepts such as time-management and money handling
3. Practice social skills with peers in a natural dining setting.

This program is offered in the Fall and Winter and runs for 11-week sessions. We offer the program to adults with moderate to severe ASD who are assisted one-to-one with a staff member once a week. We also offer the program to high-functioning adults with ASD once a week.



Grocery shopping for the evening meal



Asian Wonton Soup from scratch, tasty!

A Peek Inside:

Cooking Program is always one of our most popular programs amongst our clients. We are able to work on so many important skills as well as having some extra time to relax, socialize, and just have fun. This session, we continue to focus on healthy eating habits and we are learning to cook healthier options of our favourite dishes.

We are lucky to have Safeway right across the street from us which makes it easy for us to work on our money management skills, price comparison skills, and grocery shopping skills. After we are done preparing our meal, we usually have extra time while things are cooking to either play games together or just sit and chat. This tends to be the favourite part of our night. We often feel like a big family just hanging out together.

In this Thursday night session we are putting on a special "Asian Night" where we are cooking Asian Cuisine and inviting the rest of the staff at ARC to join us for the meal. We are looking forward to showing the ARC staff what we have learned over the course of this session and to have the opportunity to visit with people we don't get to see very often.

Our Cooking Program will take a little break until October to allow for Summer Program planning. We look forward to welcoming our new participants in October!

Life Skills Apartment Program

The Apartment Program is designed to increase the independence of the participants through the development of skills in a variety of areas that are assets for future independent living. We are fortunate to be able to teach these functional skills in ARC's simulated apartment setting.

We also aim to transition those skills to their home, their current apartment or a new apartment. As adults, all of us want to do things on our own. The Apartment Program is a great opportunity to test your skills in a new environment and learn new ways of living even more independently. Living independently means more than being able to physically do cleaning, hygiene and other tasks. It also involves having skills in time management and money management, which are also targeted in the program.

Individualized programs will be developed to best suit each individuals' needs and skills. Each session will target specific skills required to live as independently as possible.

The Apartment Program is designed for adults (aged 19-35) with ASD who:

a) do not require 1:1 supervision; b) are currently living with their parents or on their own; c) are not part of a residential program; d) have attended an ARC program.

We are well into our first session of the Apartment Program and things are really taking shape! We currently have 5 clients in the Winter session and registration for the Spring and Summer sessions are underway! Spring session will run from April 13th to July 4th and there will be two Summer sessions running from July 7th to July 18th and July 21st to August 1st.



Preparing a monthly budget

The Life Skills Apartment Program is made possible through the **2013 Family Services Grant from Autism Speaks Canada** and the generosity

of the following sponsors:

Lifestyles Cabinetry

Kozans Brand Source

SaskTel & TelCare

Uponor Canada

Bevelled Edge Countertops

The Friends of ARC.



A Peek Inside:

Each week our clients work on skills in several different areas such as hygiene skills, apartment upkeep, meal planning, money management, and time management depending on their skill level and chosen target areas! Currently, some clients are beginning to create their own budgets and are learning important information on making the most of their money through different group and online activities! For example, we have utilized local sites such as www.saskpower.com to calculate the costs of powering everything in our homes and ways to save money on our power bills. **If you'd like to register or get information feel free to call Jenelle at the office, 306.569.0858 or at arc.jenelle@sasktel.net.**

ADULT SERVICES

Social Drop-In

ARC provides a Social Drop-In night for adults with ASD to promote, encourage and develop appropriate social skills in a natural, fun and engaging environment. ARC's goal is to have clients socialize appropriately without the facilitation of ARC staff. Clients will meet new people, share and express interests and participate in social activities. Clients are invited to join us at ARC to engage in activities that will include video games, board games, art, music and movies. We will also participate in community activities such as Laser Quest, bowling, swimming and mini golf. This program is offered once a week.



Striking a pose at Laser Quest



Catching a breath at Boomers Air Park

A Peek Inside:

The Social Drop-In Program continues to be a big hit! Each week, we have 8 -10 clients coming and when we're not at the Centre, we are out and about the city. Some of our favourite activities this winter/spring have been bowling both - 5 and 10 pin, movie nights, Wonderland Arcade, Laser Quest, Billiards, Boomers, a Regina Pats Game and supper at Boston Pizza South with a visit to Chapters. Social Drop-In continues to run each Wednesday evening from 6:00 - 8:00 pm. If you'd like to register or get more information, give Rachelle a shout at the office, 306.569.0858 or at arc.rachelle@sasktet.net.

MARK YOUR CALENDAR: ARC is encouraging our adult clients, their friends and families to come out and have some fun at Dance Blast 2014. All proceeds to fund ARC adult programs.

Dance Blast 2014

Friday April 25th 8:00 pm - 1:00 am

Dance to live music by Becky and the Jets!

Ticket \$30.00 each / \$15.00 each for adult clients

FOR MORE INFORMATION SEE POSTER ON PAGE 15

Therapeutic Summer Programs 7-12 years & 13 and older

ARC Therapeutic Summer Program Registration held on February 26th, 2014.

Registration was held at ARC's Adult Training and Vocational Centre, at 3663 Sherwood Drive. Parents enthusiastically arrived to register their son(s)/daughter(s) in summer program .

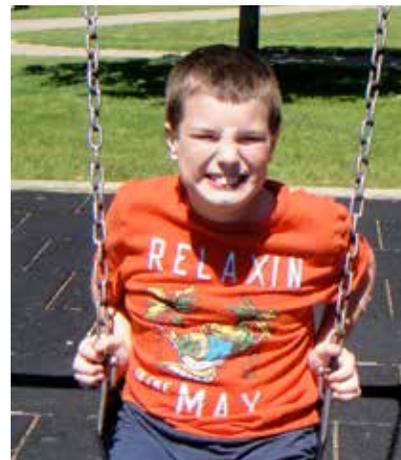
2014 Therapeutic Summer Program

July 7 - 11	August 5 - 8*
July 14 - 18	August 11 - 15
July 21 - 25	August 18 - 22
July 28 - Aug 1	

The program runs Monday - Friday from 9:00 am to 3:00 pm
 *Week of August 5 - 8 (Tuesday - Friday)

Please note that ARC does not offer transportation to and from the program, however, in-program transportation is provided.

Participants are required to bring a picnic lunch, swimsuit, towel, sun protection and bug repellent every day.



YMCA/ARC Inclusion Summer Program 6-12 years & 12-18 years

Register online at www.regina.ymca.ca or call 306.757.9622

There are 15 reserved spots a week for Autism Resource Centre (ARC) members (Downtown location only). Participants with disabilities and ARC members are expected to schedule an 'intake interview' with our Camp Director.

A 2014 ARC Membership required prior to registration.

**Inclusive Summer Program
for ages 6 - 12 years**

July 7 - 11	August 5 - 8*
July 14 - 18	August 11 - 15
July 21 - 25	August 18 - 22

The program runs Monday - Friday, 9:00 am to 4:30
 *Week of August 5 - 8 (Tuesday to Friday)

This program has the structure and routine of active living and recreation. Youth will enjoy outdoor activities, sports and drama activities, swimming and more.

**Inclusive Leadership Summer Program
or ages 12 - 18 years**

July 28 - August 1	August 5 - 8*
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The program runs Monday - Friday, 9:00 am to 4:30
 *Week of August 5 - 8 (Tuesday to Friday)

Youth will participate in a wide range of unique activities that provide participants with a sense of responsibility and well being.

Youth will work on leadership, interpersonal and communication skills. Gain self-confidence and develop friendships.

...finding colour in the spectrum

FEDERAL BUDGET 2014

CommunityWorks - A Vocational Training Program for Individuals With Autism Spectrum Disorder (Chapter 3.1, 64E)

“Economic Action Plan 2014 proposes to invest \$11.4 million over four years to support the Sinneave Family Foundation and Autism Speaks Canada as they move to expand a network of vocational training programs in centres across Canada that will help to create employment opportunities for individuals with Autism Spectrum Disorders. The Sinneave Family Foundation estimates that once fully implemented, approximately 1,200 youth with Autism Spectrum Disorders will benefit each year.”

The Autism Resource Centre commends the vision, advocacy and commitment required in securing this funding and increasing national awareness regarding ASD specific vocational training.

Entrepreneurial Co-op Loan Association

To assist people
with disabilities

SBLA's support entrepreneurs with disabilities to start up businesses in the Regina Area with access to business capital and finance. The goal of the SBLA is to encourage economic development and create new business and

Employment for people with disabilities.

For More Information contact:

Merv Culham, CA 2731 - 13th Avenue, Regina, Sk. S4T 1N4
Phone (306)352-4994 Fax (306)992-0788 Email mrc@sasktel.net



Do you have a Sibling with Autism Spectrum Disorder?

You are invited to participate in the research study ***Exploring the lived experiences of siblings who grow up with a sibling diagnosed with Autism Spectrum Disorder (ASD)***

Amanda Day, University of Regina graduate student, in the School of Social Work program is looking for individuals to participate that meet the following criteria:

- Age 18 – 35 years
- Have lived with or currently live with a sibling who has ASD
- Willing to share on those experiences
- Willing to participate in two 90 minute interviews
- Willing to take approximately ten photographic images that symbolize the nature of your sibling relationship

The purpose of this study is to: 1) Explore the perceptions of siblings, who have lived with or are living with a sibling with ASD; 2) Understand how siblings view potential family and community supports.

If you have any further questions about this study, please contact Amanda Day by email at klimm11a@uregina.ca or call 1-306-291-9416 or Dr. Randy Johner (supervisor) at Randy.Johner@Uregina.ca or 1-306-585-4549. This research project was reviewed and approved on ethical grounds through a harmonized review process by the University of Regina and the University of Saskatchewan Research Ethics Boards.

DANCE BLAST 2014

Friday April 25th, 2014

Dance the night away!

Music by

Becky and the Jets

(Appearances by Colby Nargang and Ryan Gibson)

TURVEY CENTRE

Friday April 25th, 2014

8:00 pm – 1:00 am

Midnight lunch

Raffles, 50/50, Balloon Pop, Silent Auction

Tickets \$30.00

Call 306.569.0858 or pick up at Parkland Carpet One or purchase on-line @ www.autismresourcecentre.com

All proceeds support the programs and services offered by the Autism Resource Centre Inc., 3663 Sherwood Drive, Regina, SK



...finding colour in the spectrum

GET ACTIVE 4 AUTISM

August 23, 2014

NEW LOCATION

A.E. Wilson Park at Rick Hanson Park Picnic Area

Event begins at 9:00 am - Run/Walk begins at 10:00 am

Register @ www.getactive4autism.com

***Bounce
Slide***

***Group Warm Up
Activity***

***Great Prizes
and more!***

***BBQ
Hotdogs***

Join in the family fun!

All proceeds are used to fund the programs and services offered by the Autism Resource Centre Inc.
